



JOB ANNOUNCEMENT

Position Title: Bilingual Mental Health Clinician (Spanish)

Program: Positive Solutions (Adult/Older Adult Mental Health Services)

Classification: Non-Exempt, Part Time (18 Hours per week)

Salary: \$20.00 - \$21.50 per hour; Commensurate with Experience

Summary and Range of Authority: The Positive Solutions Program is funded by the County of San Diego, Mental Health Services Act - Prevention and Early Intervention (PEI). The program focus is to provide outreach, mental health prevention, and early intervention to homebound isolated seniors residing in North County and Downtown San Diego. Under the direction of the Program Manager, the Mental Health Clinician will provide short-term evidence-based treatment to homebound seniors and socially isolated older adults who are at risk for depression or other mental health related issues.

Mental Health Clinicians provide short-term evidence-based treatment (PEARLS) and some case management to homebound seniors who are showing symptoms of depression or other related issues. All clinical services are provided in the senior's place of residence. As needed, Mental Health Clinicians may be paired with meal delivery drivers to conduct mental health screening on same day that meals are delivered. Clinicians will be trained in PEARLS, an evidence-based model which will be used as the primary modality of treatment. For more info on the PEARLS model, go to <http://depts.washington.edu/pearlspr/program>

Essential Duties and Responsibilities:

- Under the direction of the Program Manager, Bilingual Mental Health Clinician will pair with outreach worker to conduct screening and provide psycho-education to seniors.
- Performs intake assessments for clients in need of short-term treatment, such as PEARLS.
- Will agree to use the PEARLS model of treatment as the primary modality of treatment in the client's residence or areas where seniors congregate.
- Clinician will provide some outreach and education to Meal Delivery drivers and other community partners so that they can assist in identifying potential clients who may be at risk for depression
- Work collaboratively with Senior Community Worker to assist clients in obtaining SSI/MediCal/Medicare or other benefits and community resources
- May refer clients to contracted mental health providers or similar providers for long-term psychiatric care and medication management
- Functions as a member of a multi-disciplinary team and participates in the Clinical Group.
- Prepares medical records of all services rendered including PEARLS paperwork, psychiatric history, mental status examinations and progress notes, treatment plans, quality assurance forms, etc.
- Receives referrals from providers and community members with appropriate follow-up including crisis intervention and short-term counseling.
- Participates in staff meetings, case conferences, training, treatment utilization reviews and other quality assurance activities.
- Prepares timely and accurate documentation of all clinical services rendered
- Report to Program Manager in case of any incident at the program
- Follow and adhere to the policies and procedures as listed in the UPAC Code of Conduct
- Maintain appropriate productivity (60% Billable Time) which includes direct clinical service time, outreach time, documentation time and travel time.

- Must be willing to travel between Central/North Region and North County Region of San Diego County to provide clinical services countywide
- Other duties as assigned.

Required Education, Certifications/Licenses and Language/Cultural Skills:

- Master's degree in social work, psychology, counseling or human behavior from accredited college or university with major work in clinical therapy
- Must be bilingual and bicultural in the Spanish language.

Minimum Experience and Qualifications Required:

- Minimum of two years clinical experience in a mental health setting, with solid clinical skills in individual therapy, assessments, crisis intervention, and case management.
- Minimum one-year experience working with older adults.
- Knowledge of the theory and practice of psychotherapy (individual) and the principles and practice of community mental health.
- Understanding of and commitment to the psychosocial rehabilitation model of psychiatric rehabilitation services, and a strong belief in empowering clients/consumers towards recovery.
- Familiarity with community resources and the delivery of case management services.
- Ability to establish and maintain diagnostic and psychotherapeutic relationships with clear understanding of ethical and professional standards.
- Ability to maintain strict confidentiality regarding client information and other sensitive or proprietary information.
- Ability to communicate effectively in English, with ability to communicate mental health principles to clients, families and providers.
- Ability to work independently and collaborate as a member of an interdisciplinary team.
- Excellent written and verbal communication skills and ability to prepare written reports accurately and records of services rendered in a timely fashion.
- Excellent organizational and time management skills and able to manage a large caseload.
- Must demonstrate intermediate level of computer literacy and experience using office productivity software i.e. Microsoft Word, Excel, Power Point, Internet browsers, and Outlook.
- Must pass background check (Live Scan Fingerprint).
- Must be able to drive for business purposes to other program locations in San Diego County.
- Must have a valid California driver's license and comprehensive automobile insurance coverage, as required by law.
- Will not be debarred or excluded from participation in Federal programs by the General Services Administration and/or the Department of Health and Human Services of the Inspector General.

Additional Preferred Education or Qualifications:

- Geriatric training certificate
- CPR First Aid Certification

Physical Demands and Work Environment:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Spends approximately 70% of work time sitting and meeting with others or working at a desk and/or computer. Spends approximately 30% of work time standing or walking within the work area or outside the office at meetings and events, also bends, twists, stoops and reaches. Ability to communicate in writing and verbally. Regularly required to sit and talk or hear. Frequently is required to use hands to touch, handle or feel and reach with hands and arms. Occasionally lifts and/or moves up to 25 pounds. Working conditions are normal for an office environment, event venues and a commercial kitchen. The noise level is usually moderate.

Please forward your resume via e-mail, fax or mail to:

UPAC – Attn: HR Dept

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E-Mail: upacjobs@upacsd.com