

Dear Gambling,

Although we have not been together for 9 years 11 months and 24 days, I want you to know I do not miss you. We were together for more than 25 years and I stopped gambling at 29. You do the math, you fucker! I call you that because you took me to places I never wanted to go. You stole my heart, mind, time, body, soul and my money. Towards the last 7-8 years we were together, it was the worst roller coaster ride I've ever been on. I'm not sure what or how you had so much power over me. I felt like a hostage in my own self. The many countless hours we spent together would bring me so high, but yet so low. I'm crying now because I'm able to also look at several things in the past 10 years that you've been gone that I have replaced with you. Mary being one of them. The stupid fantasy world that I lived with you still haunts me today!

Even full well knowing I'm not going to win back my losses, I would keep going. Kinda like the dates I went on. I knew they were not right, but of course, I slept with one guy and the other is still trying to convince me → most like you gambling, that he is the perfect person for me. I'm smarter than him, or you gambling!

Today, I let you go forever! I tell you what! You may have had me for 25 years, but I'm not going back. Instead, today, you fucker, I ask God to forgive me and you. I'm grateful today that you no longer have me under lock and key! Today, I have chosen a new way of life. I will always and forever remember the good ol' days with Granny and Grandan. I must thank you for giving me the chance to join GA and UPAC! Because of what we went through, I have such better morals, life, relationships and such a better way to look at things because of you!

I bet you never thought I would thank you, but you know what? I sure do thank you. God has given me exactly what I need from you. I'm even going to text the guy I dated several times as soon as I'm done with this letter and tell him, "NO MORE!". All because of you my ex-friend! I am oh so over you. Hmmmmm... "Bet" you never thought I would forgive you, but guess what? I do!

I'm able to forgive you because my God has allowed me to do this! Whew! Amen! It is over and I hope and pray we don't cross paths again to even say hello!

Thank you again for all the harm and heartache you gave me because today I am so much better off than I was 10 years ago.

Kind of ironic 10 years ago we were together today! It's over!

With no regrets,

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