

FREE PROBLEM GAMBLING SERVICES

Counseling



Know a PROBLEM GAMBLER?



Workshops

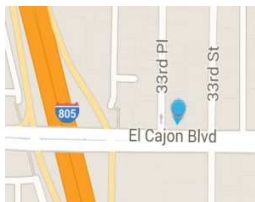


Funded by the California Office of Problem Gambling, UPAC Problem Gambling Services provides no-cost counseling for problem gamblers (age 18 and over) and no-cost educational workshops that offer **FREE CEU's** (Continuing Education Units) for any interested group.

No Cost WORKSHOPS: UPAC Problem Gambling Prevention, Technical Assistance and Training Project provides education and training workshops at no cost to interested groups and organizations to prevent problem gambling, and provides information and referrals to those who seek treatment.

No Cost COUNSELING: UPAC Problem Gambling Intensive Outpatient Program provides counseling to the gambler at no cost in the form of educational and process groups, one-on-one counseling with a licensed clinician, and case management services.

Contact Us Today



UPAC Problem Gambling Services
3288 El Cajon Blvd, Suite 13
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www.upacsd.com
Take bus #15, #1, or #1A

Union of Pan Asian Communities (UPAC) is a non-profit 501(c)(3) organization.

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"Problem gambling is often called the 'hidden addiction'. It can affect anyone, regardless of position, education, or income, and it can go undetected for a long time. The good news about gambling addiction is that treatment is effective, and recovery is real and attainable. There is hope and help for anyone struggling with a gambling problem."



UPAC Addiction Treatment Services

-Sunnyo Pak,
Program Director



OFFICE OF
PROBLEM GAMBLING
California Department of
Public Health

**Problem
Gambling
Prevention**
TECHNICAL ASSISTANCE AND TRAINING PROJECT

