



JOB ANNOUNCEMENT

Date: March 17, 2017
Position: Bi-Lingual Therapist
Program: Counseling and Treatment Center
Classification: Exempt
Hours: 40 hours per week (Full Time)
Salary: Commensurate with experience
Opening Date: March 30, 2017

Background:

The UPAC Counseling and Treatment Center is funded through a contract with the San Diego County Department of Health and Human Services, Adult and Older Adult Mental Health Services Division. UPAC Counseling and Treatment Center provides traditional outpatient services to adults requiring individual therapy, medication management, case management and crisis intervention as part of a county wide system of mental health services. Funding for these positions comes from Mental Health Services Act (MHSA) monies. The goal of MHSA is to provide innovative programs to unserved and underserved communities. These MHSA services at UPAC are to target primarily Asian and Pacific Islander adults, older adults and Transition Aged Youth (ages 18-24).

This position will be based primarily at the Mid-City location on University Ave.; however, this position may also require that services be provided at the Serra Mesa location on an as needed basis.

This position requires that the candidate be bi-lingual in an Asian language, Cambodian, Vietnamese, Karen and Lao-speaking preferred.

Duties & Responsibilities:

- Under the direction of the Program Manager, the Therapist performs goal-oriented psychotherapy with individuals, families and groups. Group therapy is the primary modality of treatment.
- Conduct at least 1-2 groups per week. Examples of group include: Social Skills Group, WRAP Group, Illness Management Recovery Group and Co-Occurring Disorders Group.
- Carry out intake assessments for clients in need of mental health services.
- Functions as a member of a multi-disciplinary team and participates in diagnosis, treatment and discharge planning. Community services and outreach activities will also be required.
- Prepares medical records of all services rendered including psychiatric history, MSE, progress notes, treatment plans, quality assurance forms, etc. in Electronic Health Record (Cerner).
- Receives referrals from providers and community members with appropriate follow-up including crisis intervention and short-term counseling.
- Manages caseload of approximately 60 – 80 severely mentally ill clients, some of which receive individual therapy and/or group therapy, and others who receive medication management/case management only. This includes a likely daily caseload of 3-5 individual client visits per day, in addition to group therapy.
- Meets with clients once a year to complete Annual Update of behavioral health assessment, client treatment plan and other required paperwork.
- Completes Outcome Measures with clients at least once every 6 months as required by the County.
- Embraces philosophy of behavioral health integration with primary care and takes steps to transfer stable clients to primary care settings when appropriate.
- Monitors clients for high risk factors on a regular basis, completes HRA, ERP and safety plans.
- Maintains productivity requirement of at least 60% billable and non-billable services per week
- Monitors clients for any primary care health needs which require medical attention.
- Participates in staff meetings, case review, training and other quality assurance activities.
- Conducts outreach at community health fairs or ethnic community fairs at least once per quarter which may include evenings or weekend events.

- Provide translation and interpretation and provide cultural brokerage as needed.
- Assist clients with case management services and referrals for adjunct services as needed.
- Other duties as assigned by Program Manager.

Qualifications:

- Must be registered with either the Board of Behavioral Sciences (e.g.ASW or IMF) or Board of Psychology with a Master's degree in social work, psychology, counseling or human behavior from accredited college or university with major work in clinical therapy.
- Minimum of two years clinical experience in a mental health setting, with solid clinical skills in individual therapy, assessment, crisis intervention, and case management.
- Must be bilingual in English and an Asian language, Cambodian, Vietnamese, Karen or Lao-speaking preferred; with ability to communicate mental health concepts in English and other language effectively.
- Trained and experienced in diagnosing clients utilizing the DSM-IV-TR and DSM-5.
- Knowledge of the theory and practice of psychotherapy and the principles and practice of community mental health.
- Familiarity with community resources and the delivery of case management services.
- Ability to establish and maintain diagnostic and psychotherapeutic relationships with clear understanding of ethical and professional standards.
- Ability to maintain strict confidentiality with regard to client information and other sensitive or proprietary information.
- Ability to communicate mental health principles to clients, families and providers.
- Ability to work independently and also collaborate as a member of a multidisciplinary team.
- Excellent written and verbal communication skills and ability to prepare written reports accurately and records of services rendered in a timely fashion.
- Excellent organizational and time management skills and able to manage a large caseload.
- Will not be debarred or excluded from participation in Federal programs by the General Services Administration and/or the Department of Health and Human Services of the Inspector General.
- Must have own transportation, valid California Driver's License and comprehensive automobile coverage.

Additional Preferred Education and/or Experience:

- Experience in conducting individual and group therapy, particularly with Asian and Pacific Islander individuals with mental health concerns.
- Previous training with Cerner electronic health record system.

Mail, Fax or Email Resume to:

UPAC - Human Resources Department
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